



## BWLETIN POWYS POWYS BULLETIN

[cy.powys.gov.uk/coronafeirws](https://cy.powys.gov.uk/coronafeirws) | [en.powys.gov.uk/coronavirus](https://en.powys.gov.uk/coronavirus)

### Ffigurau Covid-19

Mae Iechyd Cyhoeddus Cymru wedi cyhoeddi ar 28 Ebrill mai nifer yr achosion o'r coronafeirws wedi'u cadarnhau yng Nghymru yw **211,458**. Cyfanswm yr achosion ym Mhowys ar 28 Ebrill yw **4,177**.

Yn ôl ffigurau a gyhoeddwyd gan y Swyddfa Ystadegau Gwladol ar nifer y rhai fu farw ym Mhowys yn llwyr neu'n rhannol o ganlyniad i COVID-19, wedi'u cofrestru hyd at 24 Ebrill oedd **269** – roedd un farwolaeth yn gysylltiedig â COVID-19 yn ystod yr wythnos. Bu 84 o farwolaethau mewn cartrefi gofal, 12 gartref, un mewn hosbis a 172 yn yr ysbyty.

### Powys yn ehangu'r arwyddion a symptomau'r Coronafeirws

Gall pobl sy'n byw ym Mhowys nawr fynd am brawf Coronafeirws am ddim os oes ganddynt amrywiaeth ehangach o symptomau. Yn ogystal â'r tri symptom clasurol: tymheredd uchel, peswch parhaus newydd neu golli/newid blas ac arogl; mae pobl bellach yn gallu cael prawf os oes ganddynt symptomau eraill hefyd, sef:

- Symptomau tebyg i fflwg gan gynnwys unrhyw un neu bob un o'r canlynol: noenanu, blinder

### Covid-19 figures

Public Health Wales has reported as of April 28 the confirmed number of coronavirus cases in Wales is **211,458**. The total number of cases for Powys as at April 28 stands at **4,177**.

Figures issued by the Office of National Statistics (ONS) on the number of deaths in Powys attributed, either wholly or in part to COVID-19, registered up to April 24 was **269** – there was one COVID-19 related death in the week. There have been 84 deaths in care homes, 12 at home, one in a hospice and 172 in hospital.

### Powys Expands list of signs and symptoms for Coronavirus

People living in Powys can now go for a free Coronavirus test if they have a wider range of symptoms. As well as the three classic signs: fever, a new continuous cough or a loss/change of taste and smell; people are now able to get a test if they have other symptoms.

These are:

- Flu-like symptoms including any or all of: aches or pains; tiredness; headache; runny nose or blocked nose; sneezing; sore throat; shortness of breath

cur pen; trwyn sy'n rhedeg neu wedi'i flocio; tisian; dolur gwddf; bod yn fyr eich anadl; cyfog; colli archwaeth am fwyd; dolur rhydd neu chwydu

- Teimlo'n sâl yn gyffredinol neu wedi bod mewn cysylltiad â rhywun sydd wedi profi'n positif am COVID-19
- Unrhyw symptomau newydd neu newid mewn symptomau yn dilyn prawf negyddol blaenorol

Gall pobl sydd wedi cael unrhyw un o'r symptomau clasurol neu unrhyw un o'r symptomau ehangach newydd ac a hoffai archebu prawf wneud hynny ar-lein yn [www.llyw.cymru/cael-prawf-coronafeirws-covid-19](http://www.llyw.cymru/cael-prawf-coronafeirws-covid-19) neu drwy ffonio 119, neu 18001 119 am bobl ag anawsterau clyw neu leferydd. Dyma'r ffordd o ofyn am becyn profi cartref hefyd.

### **Diweddariadau Llywodraeth Cymru**

Gall gwirfoddolwyr neu'r rhai sydd ddim yn gallu gweithio o gartref archebu pecyn profi gartref llif unffordd ar-lein.

O ddydd Llun 26 Ebrill gall gwirfoddolwyr a'r rheiny sy'n methu gweithio gartref archebu pecyn profi gartref llif unffordd wedi'i ddosbarthu'n uniongyrchol i'w cartref. <https://llyw.cymru/cael-profion-llif-unffordd-covid-19-cyflym-os-nad-oes-gennydh-symptomau>

Nifer yr unigolion yng Nghymru sydd wedi derbyn y dos cyntaf o frechlyn COVID-19 ar 28 Ebrill yw **1,816,415**. Mae nifer y bobl ym Mhowys sydd wedi cael eu dos cyntaf dros **91,300** ac mae **41,000** wedi derbyn eu hail-ddos.

nausea; loss of appetite; Diarrhoea or vomiting

- Generally feeling unwell or have been in contact with a known COVID-19 case
- Any new or change in symptoms following a previous negative test

People who have had any of the classic signs or any of the new wider symptoms and would like to book a test can do so online at

[www.gov.wales/getting-tested-coronavirus-covid-19](http://www.gov.wales/getting-tested-coronavirus-covid-19) or by calling 119, or 18001 119 for people with hearing or speech difficulties. This is also the way to request a home testing kit.

### **Welsh Government Updates**

Volunteers and those unable to work from home can order a lateral flow self-test kit online

From Monday 26th of April volunteers and those who are unable to work from home can order a lateral flow self-test kit to be delivered direct to their home. <https://gov.wales/get-rapid-lateral-flow-covid-19-tests-if-you-do-not-have-symptoms>

Individuals in Wales who have received first dose of COVID-19 vaccine as at April 28 stands at **1,816,415**. The number Powys people who have had their first dose stands at more than **91,300** with second dose numbers standing at **41,000**.

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Mae'r e bost hwn ac unrhyw atodiad iddo yn gyfrinachol ac fe'i bwriedir ar gyfer y sawl a enwir arno yn unig. Gall gynnwys gwybodaeth freintiedig. Os yw wedi eich cyrraedd trwy gamgymeriad ni ellwch ei gopio, ei ddsbarthu na'i ddangos i unrhyw un arall a dylech gysylltu gyda Cyngor Sir Powys ar unwaith. Mae unrhyw gynnwys nad yw'n ymwneud gyda busnes swyddogol Cyngor Sir Powys yn bersonol i'r awdur ac nid yw'n awdurdodedig gan y Cyngor.

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