



BWLETIN POWYS POWYS BULLETIN

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Ffigyrau Covid-19

Mae Iechyd Cyhoeddus Cymru wedi cyhoeddi ar 21 Ebrill mai nifer yr achosion o'r coronafeirws wedi'u cadarnhau yng Nghymru yw **211,104**. Cyfanswm yr achosion ym Mhowys ar 21 Ebrill yw **4,147**.

Yn ôl ffigurau a gyhoeddwyd gan y Swyddfa Ystadegau Gwladol ar nifer yr rhai fu farw ym Mhowys yn llwyr neu'n rhannol o ganlyniad i COVID-19, wedi'u cofrestru hyd at 17 Ebrill oedd **267** – roedd un farwolaeth yn gysylltiedig â COVID-19 yn ystod yr wythnos. Bu 83 o farwolaethau mewn cartrefi gofal, 12 gartref, un mewn hosbis a 171 yn yr ysbyty.

Diweddariadau Llywodraeth Cymru

Mae rhagor o newidiadau i'r cyfyngiadau coronafeirws wedi'u cyhoeddi.

Mae Llywodraeth Cymru wedi cadarnhau y bydd rhagor o'r cyfyngiadau yn cael eu llacio yn gynt, sef ar 3 Mai yn hytrach nag 17 Mai – gan gynnwys ailddechrau gweithgareddau o dan do ac o dan oruchwyliaeth ar gyfer plant, gweithgareddau o dan do wedi'u trefnu ar gyfer hyd at 15 o oedolion, megis dosbarthiadau ymarfer corff, ac ailagor canolfannau cymunedol.

Covid-19 figures

Public Health Wales has reported as of April 21 the confirmed number of coronavirus cases in Wales is **211,104**. The total number of cases for Powys as at April 21 stands at **4,167**.

Figures issued by the Office of National Statistics (ONS) on the number of deaths in Powys attributed, either wholly or in part to COVID-19, registered up to April 17 was **267** – there was one COVID-19 related death in the week. There have been 83 deaths in care homes, 12 at home, one in a hospice and 171 in hospital.

Welsh Government updates

Further changes to the coronavirus restrictions have been announced.

The Welsh Government has confirmed further relaxations will be brought forward from 17 May to 3 May – including the resumption of indoor supervised activities for children, indoor organised activities for up to 15 adults, such as exercise classes, and the re-opening of community centres.

This means Wales will have completed the move to Alert Level 3 by Monday 3 May.

Mae hyn yn golygu y bydd Cymru wedi symud i Lefel Rhybudd 3 yn llwyr erbyn dydd Llun 3 Mai.

O ddydd Sadwrn 24 Ebrill, bydd hyd at chwech o bobl o chwe aelwyd yn cael cwrdd yn yr awyr agored, heb gynnwys plant o dan 11 mlwydd oed neu ofalwyr o'r aelwydydd hynny.

Mae hefyd wedi cadarnhau'r cyfyngiadau a fydd yn cael eu llacio ddydd Llun 26 Ebrill. Bydd atyniadau awyr agored, gan gynnwys pyllau nofio awyr agored, ffeiriau a pharciau thema, yn cael ailagor, ynghyd â lletygarwch awyr agored, gan gynnwys caffis, tafarndai a bwytai.

Ail ddos y brechlyn

Mae meddygfeydd meddygon teulu wedi derbyn cyflenwad digonol o'r brechlyn Astra Zeneca i roi'r ail ddos ar ôl cyfnod o tua 11 – 12 wythnos. Mae dros 80% o breswylwyr cartrefi gofal, 81% o ofalwyr gofal iechyd, 60% o bobl dros 80 oed a 55% o bobl 75-29 oed wedi cael eu hail ddos.

Nifer yr unigolion yng Nghymru sydd wedi derbyn y dos cyntaf o frechlyn COVID-19 ar 11 Ebrill yw **1,693,016**. Mae nifer y bobl ym Mhowys sydd wedi cael eu dos cyntaf dros **86,600** ac mae **37,000** wedi derbyn eu hail-ddos.

From Saturday 24 April, the rule of 6 will allow for up to six people from six households to meet outdoors, not including children under 11 years of age or carers from those households.

It has also confirmed the relaxations that will take place on Monday 26 April. Outdoor attractions, including outdoor swimming pools, funfairs and theme parks, will be allowed to reopen, while outdoor hospitality can also resume, including at cafes, pubs and restaurants.

Vaccine second dose

GP practices have been allocated sufficient supply of the AstraZeneca vaccine for second doses at an interval of around 11-12 weeks. More than 80% of care home residents, 81% of health care workers, 60% of over 80s and 55% of 75-79 year-olds have had their second doses.

Individuals in Wales who have received first dose of COVID-19 vaccine as at April 11 stands at **1,693,016**. The number Powys people who have had their first dose stands at more than **88,600** with second dose numbers standing at **37,000**.

